WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A	Special To Be Announced Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza	Chicago Style Eisenberg All Beef Hot Dog on a WG Bun Chicken Fried Rice w/ Egg Roll WG RF French Bread Pizza	WG Pasta w/ Italian RF Meat Sauce, Garlic Bread Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza	RF Beef Taco Nachos w/ WG Tortilla Chips Baked Popcorn Chicken WG RF Pizza	Special To Be Announced Tyson Baked Breaded Chicken Patty on a WG Bun WG Bosco Cheese Bread Sticks w/ Marinara Sauce
B	Special To Be Announced Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza	RF Hamburger/ Cheeseburger on a WG Bun Chicken Fajitas on WG Flat Bread WG RF French Bread Pizza	Breaded RF Mozzarella Cheese Sticks w/ Marinara Sauce Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza	RF Beef Taco Nachos w/ WG Tortilla Chips Baked Popcorn Chicken WG RF Pizza	Specials To Be Announced WG Bosco Cheese Bread Sticks w/ Marinara Sauce
C	Special To Be Announced Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza	Special To Be Announced WG RF French Bread Pizza	WG Pasta w/ Italian RF Meat Sauce, Garlic Bread Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza	RF Beef Taco Nachos w/ WG Tortilla Chips Baked Popcorn Chicken WG RF Pizza	Specials To Be Announced Tyson Baked Hot and Spicy Chicken Patty on a WG Bun WG Bosco Cheese Bread Sticks w/ Marinara Sauce

To see which weeks "A," "B," or "C" foods are served, please see reverse.

OFFERED DAILY

Delicious Freshly Prepared Sandwiches served on Whole Grain Breads, Rolls and Wraps

Entrée Salad Specials

Peanut Butter and Jelly Uncrustable Sandwich

Bagel and All Natural Yogurt Lunch

Fresh Fruit and Vegetable Side Choices

1% and Skim rBST Free Milk Choices

HEALTHY FOODS and GOOD NUTRITION

are always on our menu!

We serve...

- **RF** (reduced-fat) baked entrées
- zero trans fat products
- low-fat cheese pizzas with **WG** (whole grain) crusts
- **WG** (whole grain) pasta, breads, rolls and buns
- * whole white meat chicken products
- a variety of fresh fruits and vegetables with all meals

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.